

**Counseling and Mediation Services of Oklahoma**  
**Gary Hardwick, D. Min., Licensed Professional Counselor**  
1006 24<sup>th</sup> Ave N. W., Ste 100  
Norman, OK 73069  
Phone: 405-701-0026 Fax: 405-801-2846

## **MEDIATION**

*Mediation is not a legal service or a counseling service.* Mediators provide guidance to all parties involved in the resolution of a problem, allowing parties to retain control over agreed-upon resolutions. Mediators know how to deal with stresses involved in a conflict and how to develop and support a productive problem-solving process. Mediation can be used for any conflict or dispute. These are some common areas where mediation is helpful:

### **FAMILY MEDIATION**

Some of the most difficult types of conflicts to resolve are those within families, whether through direct relating or in business systems. When family members are caught up in the upheaval of life-changing events, resolution can seem impossible. As a mediator, I effectively resolve family issues like:

- Child custody decisions
- Blended family issues
- Eldercare
- Adoption
- Post-divorce conflict
- Estate arrangements
- Premarital preparation
- Parent-Teen Problems
- Education matters

### **DIVORCE MEDIATION**

Divorce mediation is a process supplementing or preventing divorce litigation, which is a public process between conflicting parties before a judge in open court. This adversarial process often creates hostility between parties leaving outcomes in the court's discretion, an "unknown" that parties sometimes hope to avoid. Divorce mediation gives parties an opportunity to work out, in private, divorce details and a plan for the future that is mutually agreeable to both parties. Successful divorce mediation requires a trained mediator comfortable with the inherently strong emotions during divorce who possesses the skills to respect each party, their needs, and individual wishes for resolution. Divorce mediation helps with issues like:

- Distribution of Property
- Child Custody
- Child Support
- Retirement
- Taxes
- Spousal Support

For more information about my services, please visit my website: <https://www.counselingandmediationok.com>

**Counseling and Mediation Services of Oklahoma**  
**Gary Hardwick, D. Min., Licensed Professional Counselor**  
1006 24<sup>th</sup> Ave N. W., Ste 100  
Norman, OK 73069  
Phone: 405-701-0026 Fax: 405-801-2846

## **CIVIL AND COMMERCIAL MEDIATION**

Mediation takes place before or after legal action. Usually, mediation results in a memorandum of understanding outlining points of agreement between parties. It is not considered binding until both sides have had an opportunity for attorney review; thus, mediation is not a substitute for legal representation, instead, mediators work with attorneys and their clients to come to a mutually agreeable decision outside of court.

Civil and commercial mediation services include:

- Personal Injury matters
- Real estate disputes
- Employment/EEOC
- Business

Contact Gary Hardwick at 405-863-5570 or [garyhardwick0420@gmail.com](mailto:garyhardwick0420@gmail.com) for more information or to schedule mediation.

**Fee: \$140 an hour (2-hour minimum)**

*Pub: 09-01-19*